# ALMUERZO DE LA RED DE EMPRESARIOS Y MUJERES PROFESIONALES DE LA CAMERA DE COMERCIO DE PUERTO RICO

Mujer sin Barreras: Tu Trayectoria es tu Carta de Triunfo



# MI ABUELA, ABUELO, MADRE Y PADRE





# LA FAMILIA VELEZ

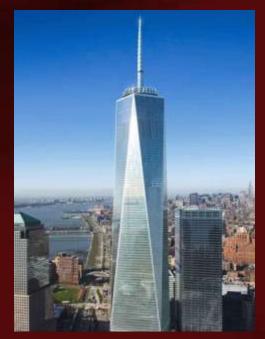






One of the largest and longest established Latino construction firms in New York













- Established over 43 years
- Over \$2B in completed work







# MAKING MY OWN EARLY PATH





## PERSONAL ACHIEVEMENTS & CHALLENGES







# BALANCING WORK AND HOME LIFE





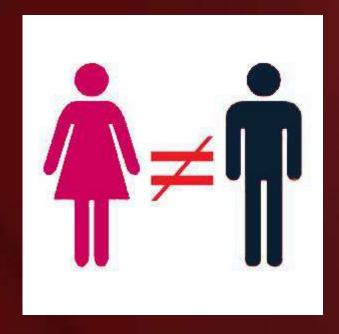


#### MY TOP TEN LIST OF BUSINESS PRACTICES

- 1. Every single day, do something to create or expand your business
- 2. Join associations and business groups that support what you do
- 3. Network, network
- 4. Don't put all your eggs in one basket
- 5. Keep track of trends in your chosen field stay ahead
- 6. Know your field be passionate about it
- 7. Stand up and speak out. Bring about change.
- 8. As women, give 110% at all times
- 9. Embrace the fact that you are a woman!
- 10.Do not be afraid of discomfort or anxiety! It is a personal growth moment.

#### INCOME INEQUALITY AFFECTS LATINO FAMILIES

"Gender equality is not a woman's issue, it is a human issue. It affects us all."





LATINAS IN NY ARE PAID JUST .54 CENTS FOR EVERY DOLLAR PAID TO WHITE/NON-HISPANIC MEN

# IS IT POSSIBLE TO PERFECTLY BALANCE WORK AND FAMILY LIFE?







## ENJOY WHAT YOU DO!

















## GO OUTSIDE OF YOUR COMFORT ZONE



# DON'T MISTAKE POLITENESS FOR LACK OF STRENGTH

-SUPREME COURT JUSTICE SONIA SOTOMAYOR









